

Sedbergh Swimming Club

Code of Conduct Swimmers, parents/guardians and children

Sedbergh Swimming Club's Members are required to –

- complete and return the Membership Form as requested and provide details of any relevant health conditions/concerns.
- report any changes in the state of your child's health to the teacher prior to the lesson.
- ensure that the Swimming Club has up to date contact details as required.
- ensure that membership and lesson fees are paid in advance.
- ensure that your child is prompt for their lessons and is well enough to participate fully in the lesson. Swimmers must be in a clean state before entering the pool.
- ensure that swimmers have the appropriate swimwear, long hair is tied back and jewellery is removed before entering the water - the parent/guardian is responsible for the safe keeping of any valuables.
- obey instructions given by the Teacher(s)/Lifesaver and comply with any safety regulations.
- consistently display high standards of behaviour and report poor behaviour by others to an appropriate member of staff.
- not enter the water unless directed to do so by the Teacher/Lifesaver. Floats and swimming aids should only be used under the instruction and supervision of the Teacher.
- avoid running on the premises.
- avoid wearing outdoor shoes on poolside.
- wear a swimming cap for lessons.

Parents/guardians of children attending lessons/sessions are -

- responsible for the behaviour of their children in the changing rooms and should ensure that their children act safely and appropriately.
- required to respect the privacy of others, especially in the use of changing facilities. Parents should not be in the changing room while children are changing unless their child is of an age where help is required from parents (usually 7 or 8 years and below) or if the child requires additional specific assistance. As space is limited, the changing area should be vacated as quickly as possible.
- mobile phones and recording devices should not be used under any circumstances in the changing room areas. Mobile phones and recording devices should not be used for the purpose of taking photos/videos at poolside or in the balcony area unless prior permission has been granted in accordance with the Club's Pool rules. No photos/videos are to be posted on social media without the written permission of the Club's Welfare Officer and all person's present in the photo/video.
- expected to behave responsibly as a spectator during lessons and treat other customers and staff with due respect in accordance with the Swimming Club's commitment to diversity and equality.
- avoid using inappropriate language within the Swimming Club environment.
- requested to keep noise to a minimum while observing from the balcony area. Excess background noise makes it difficult for swimmers to concentrate on instructions and makes it difficult for teachers to communicate effectively.
- encouraged to support children to enjoy their sport and to achieve to the best of their ability.
- requested not to bring buggies onto poolside.
- ensure children are aware of the code of conduct.
- all parents and guardians are expected to remain on site for the duration of the swimming lesson in case there is an emergency.

Reviewed: 6/9/26